

# Pet Loss Support Resources

## Dr. Hebbler's Personal Recommendation:

***Blessing the Bridge – What Animals Teach Us About Death, Dying and Beyond***, by Rita Reynolds, [www.newsagepress.com](http://www.newsagepress.com) (ISBN# 0-939165-38-4)

## Local Resources

Lorri Greene, PhD, (619) 275-0728), author of *Saying Good-bye to the Pet You Love*, provides pet loss grief counseling throughout San Diego County

## Online Help

~Alaska's Christian Counseling Center E-Mail Counseling System:

<http://www.ptialaska.net/~counsel/loss.html>. Offers e-mail counseling on pet loss, bereavement, and other topics.

~Pet loss support news group: alt.support.grief.pet-loss

~Animal Friends Pet Loss: [http://trfn.clpqh.org/orgs/animalfriends/pet\\_loss.html](http://trfn.clpqh.org/orgs/animalfriends/pet_loss.html). A huge collection of links and resources.

~Association for Pet Loss and Bereavement, (APLB): <http://www.aplb.org>. Offers lists of counselors, support groups, cemeteries, and references; plus a weekly chat session on pet loss.

~Bereavement: <http://www.microserve.net/~dave/bereave.html>. A collection of poems, tributes, and links.

~Dogheaven: <http://www.dogheaven.com>. Many useful resources (not just for dog lovers!), including a chat room that often hosts pet loss experts.

~In Memory Of: <http://www.In-Memory-Of-Pets.com>. A lovely site offering free tributes, resources, and a discussion forum.

~Lightening Strike: <http://www.netwalk.com/~copydoc/pet-loss.htm>. Loads of links, plus electronic pet loss condolence cards.

~Pet Loss Reference to References: <http://www.superdog.com/petloss.htm>. Loads of links, including information about other on-line services (such as services on AOL, Compuserve, and Prodigy); funeral supplies and other products, cemeteries, publications.

~Pet Loss Support Page: <http://www.tipsforwriters.com/petloss.shtml>. Articles by the author on pet loss, including a chapter excerpt from *Coping With Sorrow On The Loss Of Your Pet*.

~Pet Loss Tracks in the Sand: <http://members.tripod.com/~Sandtracker/cat-tracks.html>. A wonderful collection of links and resources, including a link to an excellent electronic pet loss condolence card generator.

~Pet Grief: <http://www.petloss.com>. Links to sites offering tributes and other resources, including *The Rainbow Bridge*, *The Monday Night Candle Ceremony*, plus information on on-line support groups in Prodigy, Genie, AOL, Compuserve and MSN.

~Virtual Memorial Garden: <http://www.catless.ncl.ac.uk/VMG>. A place to post tributes and photos.

~Virtual Pet Cemetery: <http://www.lavamind.com/pet.html>. Another tribute site; e-mail eulogies to [pet@lavamind.com](mailto:pet@lavamind.com).

### Telephone Counseling

Colorado State University: 303-221-4535

Chicago Veterinary Medical Association: 708-603-3994

University of Minnesota: 612-624-4747

Animal Medical Center, N.Y.: 212-838-8100

University of Pennsylvania: 215-898-4525

Pet Loss Partnership, Washington: 509-335-4569

### Pet Loss Hotlines

**Grief Recovery Hotline:** 800-445-4808 M-F, 9 a.m.-5 p.m. PT.

**Arizona:** 602-995-5885 Companion Animal Associations, 24 hrs.

**California:** 916-752-4200 U.C. Davis College of Veterinarian Medicine, M-F, 7-9 p.m.

**Illinois:** 708-603-3994 Chicago Veterinary Medical Association, leave voice-mail; calls returned between 7-9 p.m. Long distance calls returned collect.

**Indiana:** 317-251-4028 Pet Loss Support Group.

**Iowa:** 888-478-7574 Iowa State University Pet Loss Support Hotline.

**Maryland, Virginia, D.C.:** 540-231-8038 Virginia-Maryland Regional College of Veterinarian Medicine; T/Th, 6-9 p.m. ET.

**Massachusetts:** 508-839-7966 Tuft University, T/Th, 6-9 p.m. ET.

**Michigan:** 517-432-2696 Michigan S.U. College of Veterinarian Medicine, T/Th 7:30-9:30 p.m. ET.

**New Jersey:** 800-404-PETS, 609-667-1717 Pet Friends Inc. For local southern NJ calls. Callers may leave their number at any time; local calls will be returned at no charge, long-distance calls will be returned collect.

**Ohio:** 614-292-1823 Ohio State University Veterinary School MWF, 6:30-9:30 p.m. ET; voice-mail messages will be returned collect.

**Texas:** 210-227-4357 United Way Help line, 7 a.m.-3 p.m. CT.

**Great Britain:** 0891 615285 Society for Companion Animal Studies; Fee: 49p/minute, M-F, 8 a.m.-6 p.m.; 39p/minute otherwise. Offers a booklet titled *Death of an Animal Friend* for 2.50p, from SCAS, 10b Leny Rd., Callander, Scotland FK17 8BA.