

## **SIX KEY POINTS FOR ANIMAL HEALTH & WELLNESS**

### **1. FEED THE BEST DIET POSSIBLE**

The RAW FOOD DIET is the BEST with few exceptions! Ill animals need liver and immune support first to ease detoxification. Get educated! Never feed anything you can't feed with LOVE and CONFIDENCE! At the very least, always feed food free of preservatives and by-products!

### **2. VACCINATE THE LEAST**

Evaluate true risk of exposure – get informed. Vaccine TITERS are an option. Assess RISK vs. BENEFIT always - be an educated guardian. DON'T VACCINATE AN UNHEALTHY ANIMAL! (This includes ear and skin infections) Vaccine reactions can be fatal or over-stimulate the immune system to manifest allergies, immune-mediated conditions, and even cancer.

### **3. REDUCE TOXINS**

Offer quality FILTERED WATER ONLY.  
LIMIT EXPOSURE of possible sources: Environmental chemicals- cleaning supplies, home and garden pesticides; Topical flea and tick organochemicals; Pharmaceutical medications-drugs, monthly preventatives; Commercial diets.

### **4. BUILD UP OVERALL HEALTH AND LET THE ANIMAL HEAL ITSELF**

HOLISTIC OPTIONS TO BALANCE MIND, BODY & SPIRIT!  
DETOXIFY the system, SUPPORT organ regeneration, tissue repair, and BALANCE energetic patterns for true DIS-EASE prevention.  
Recognize the difference between CURE, PALLIATION, and SUPPRESSION.

### **5. PROVIDE THE BEST ENVIRONMENT POSSIBLE FOR THE INDIVIDUAL ANIMAL.**

SUNSHINE AND EXERCISE IS IMPORTANT FOR ALL ANIMALS!  
PLAY and quality REST are as essential as TENDER LOVING CARE.

### **6. BE PROACTIVE AND RESPONSIBLE FOR THE HEALING RELATIONSHIP BETWEEN YOUR HEALTHCARE PROVIDER TEAM AND YOUR ANIMAL.**

COMMUNICATE openly and honestly at all times, call with concerns.  
Ask questions – assess RISK vs. BENEFIT for all treatments and invasive diagnostics.  
Recognize BENEFITS and LIMITATIONS of conventional and holistic medicine.  
YOU are the GUARDIAN: make decisions based on LOVE and NOT FEAR.  
Align with POSITIVE THOUGHTS and ENERGY ALWAYS – your spiritual source!